



Good Shepherd  
Faith in people.



Community Centre  
for Media Arts



PHOTOVOICE  
HAMILTON

A WOMAN'S JOURNEY



*“At Good Shepherd, we have faith in people. This means seeing the whole person, not just the problem.”*



GOOD SHEPHERD CENTRES • WOMEN'S SERVICES  
 “A WOMAN'S JOURNEY”



“Everyone needs a peaceful place to go.  
Everyone needs a sanctuary”



Participants:

Wendy  
Carol  
Barbara  
Christine  
Iffy  
Rochelle  
Michelle  
Leah

Project Coordination:

Lane W. (Outreach Facilitator, Good Shepherd Centre)  
Deborah T. (Wellness Facilitator, Good Shepherd Centre)  
Sarah Glen (Community Centre for Media Arts)

Special Thanks:

Randy N. (Art Coordinator, The Freeway Coffee House)  
Jenny B. (Project Coordinator, Good Shepherd Centre)

The Freeway Coffee House  
Community Centre for Media Arts  
Good Shepherd Centres, Women’s Services



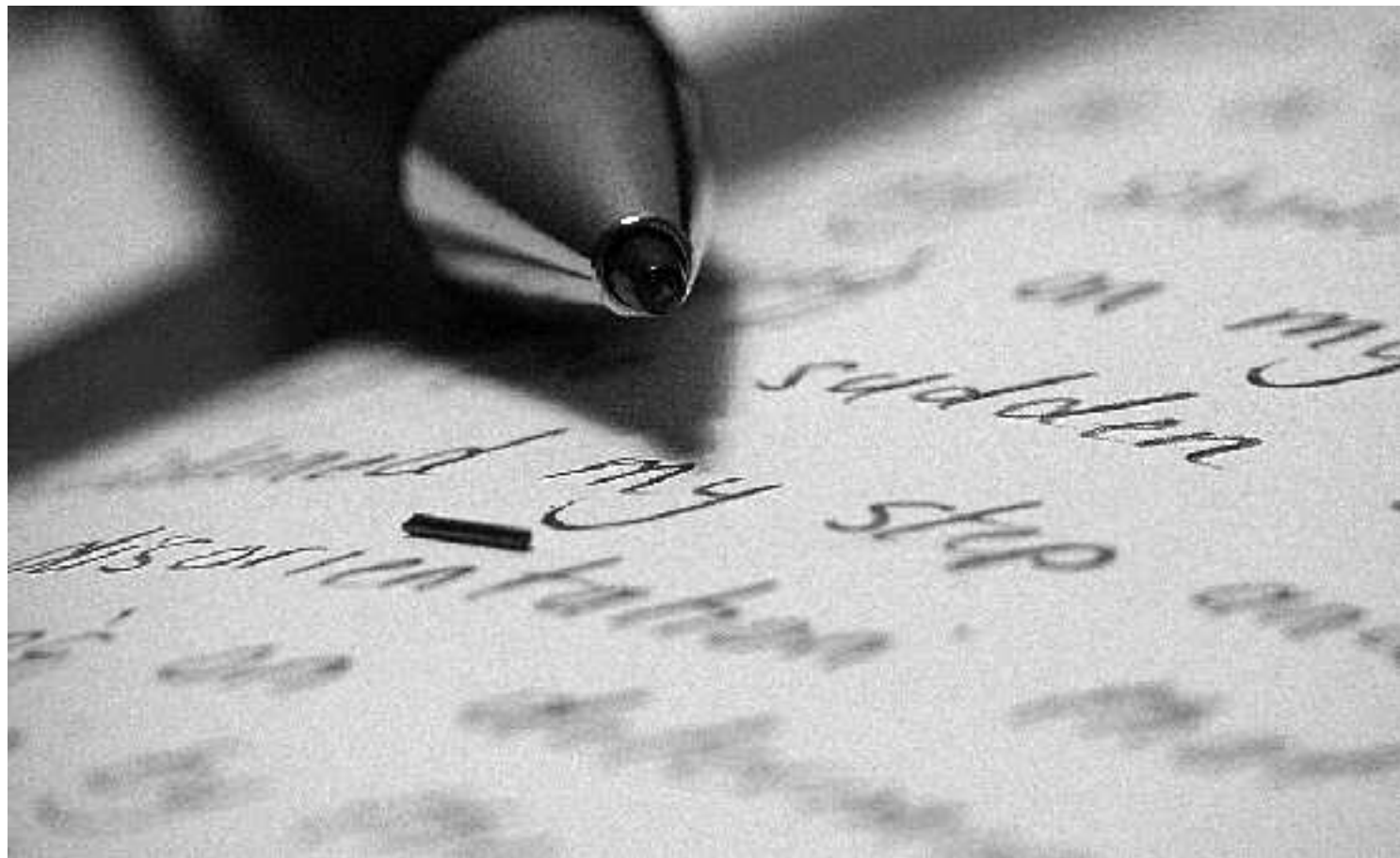
Over the past four months we have gathered to discuss the complexities of a woman’s journey. Through honest conversation around woman abuse, motherhood, poverty and the strength of women we have begun to articulate these complexities.

Through the photo voice project women were given artistic freedom to capture how these realities intersect in their lives. The images and ideas depicted reflect the daily lived realities of the women involved.

This exhibit is not the end result; we hope that this exhibit and its images will encourage dialogue and foster change. We hope its depictions and narratives mark the beginning of a new understanding for those who experience and hear the message of *A Woman’s Journey*.

These are their voices.

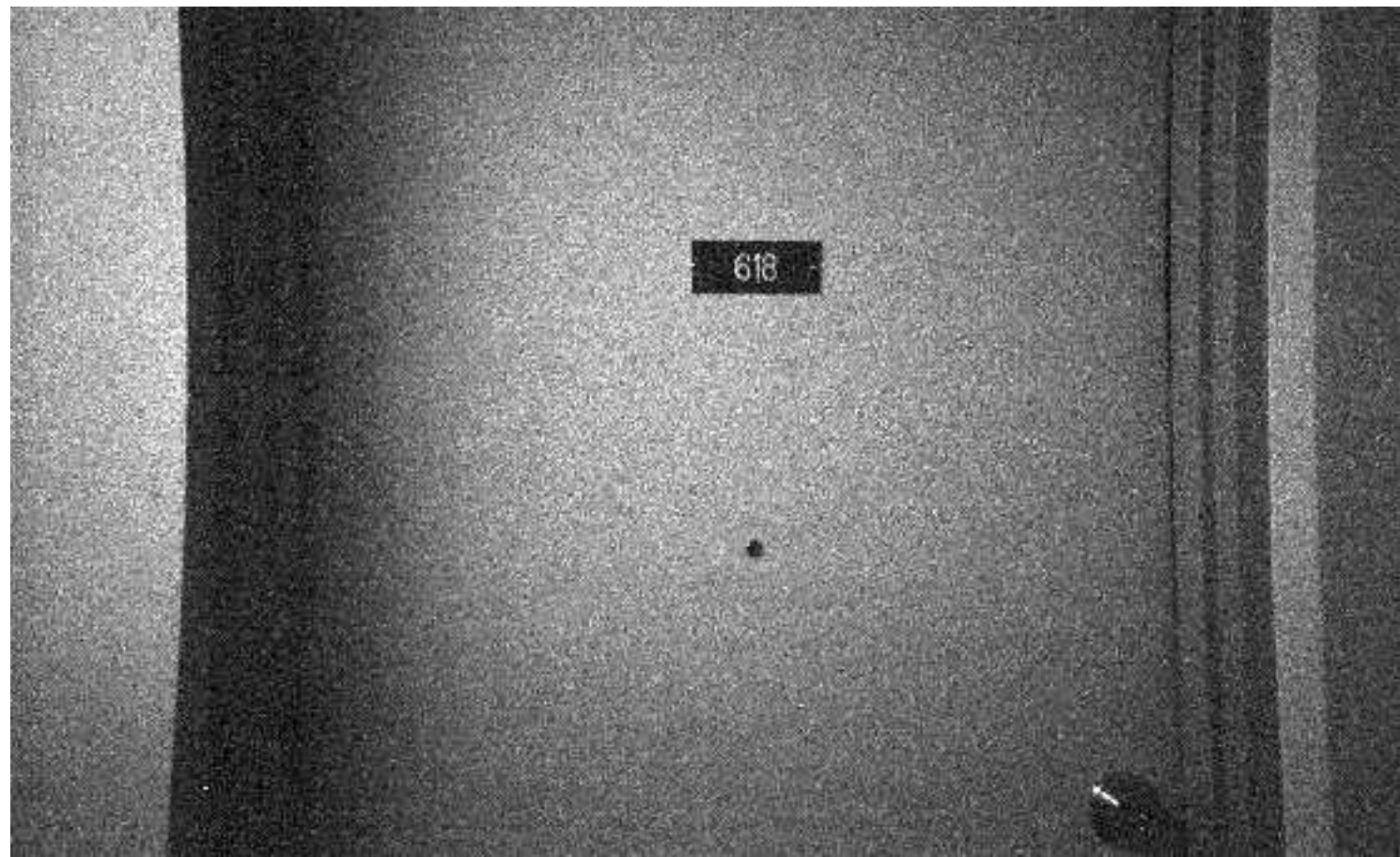
- Deborah, Lane & Sarah



*“I like the doorway.  
It’s the doorway to the future”*

*“The reason I picked these churches is because  
that’s where I go for Out Of The Cold.  
For November – March that’s where  
we go for dinner. A lot of the women  
at the YWCA rely on it”*







*“The bus, my groceries – it’s just me. I have to rely on me”*





*“And then there’s the happy part –  
my cats, the sky...”*

